



Redefining Resilience: How Back Up Trust connects people affected by spinal cord injury

Back Up Trust

Enterprise

Community



Transforming lives through lived experience



89% Participant Satisfaction

Before Mentorloop

We lacked the ability to capture and maintain accurate data on our mentors and mentees.

There was no way for our mentoring matches to arrange their own calls confidentially.

We lacked a sense of community amongst our mentors and were unable to send group messages whilst being GDPR compliant which meant a lot of time was taken reaching out to individuals.

Program Impact

Our mentoring program helps those who have sustained a spinal cord injury and their family members to live and move forward after a traumatic injury.

Connecting those newly affected with someone who has 'been there' and lived through similar challenges helps people to feel less isolated and more empowered to live life to the fullest.

Since using Mentorloop, we are reaching more people than ever – and regularly receiving wonderful feedback.



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Alice Ridley

Mentoring Team Lead,
Back Up Trust

Looking to the Future

Within our 5 year strategy we are working towards increasing our mentoring matches x3 by 2025. We have increased our mentor training weekends from 3 to 4 and have increased the number of attendees.



Mentors and Mentees love Mentorloop too



Charlene Bennetts

Mentee and Mentor

Having a different and 'outsider' perspective helps so much. Sometimes you're so stuck in a situation, that it's hard to see another point of view. Mentoring also helps me be responsible for my own career development as I have to set clear goals at the start and check in to see how I am tracking with those goals.

Framework for developing a friendship and mentorship

I believe the best part about it was having such a structured framework that began the conversation with my mentor. At times I didn't know what I should be talkig to them about so I came back to Mentorloop for suggestions.



Cody H



Tafadzwa Padare

Mentee

This opportunity has brought with it, the ability to speak out and bring a new perspective into discussions, meetings, and being heard.

Open communication is key to a good mentorship relationship, prioritizing both formal and informal meetings and catch up also helps form a connection between the mentor and mentee.

Very easy to use

Easy to use, clear and concise. The layout was good overall. It allows users to connect to mentors easily and organise goals with them.



Mentee in Consulting



Andrew Finlayson

Mentor

Mentoring has brought me great satisfaction – to even marginally affect the life and career of a talented individual, it is so rewarding.

I think the secret to good mentoring comes from the mentee primarily. They have to genuinely want to enter into the relationship honestly and be open to ideas and work with the mentor to develop their full potential. On the mentor's part, it is essential not to be directive but to encourage the mentee to discover their own unique talents and capabilities.

Powerful tool for establishing and managing mentoring relationships

The software is convenient and provides essential information for making the most of your time with your mentor. I am able to connect with like-minded people from around the country and am not limited to those who are physically in the same location as me. It is convenient to use.



Bonnie M



Easy to find a mentor and connect

One stop to find a mentor and keep in touch which is easy to do. Helps me find a mentor and stay in touch as a mentee.



Mentee in Consulting



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